



NOAS

FOSTER ♥ CONNECT ♥ SUPPORT
Connections for youth - Support for families

CORE TEEN

“Connecting with teenagers requires patience, empathy, and a genuine desire to understand their world.”

–Janet Lehman

NOAS proudly offers FREE connection-based parenting education for all.

1

What is it?

CORE Teen is a new state-of-the art program designed for parents raising adolescents from foster care who have moderate to severe emotional and behavioral challenges.

The CORE Teen program applies effective trauma-informed and culturally responsive training that helps reduce the risk of placement disruptions and increase permanency options for adolescents.

2

Who is it for and who should use it?

CORE Teen is a **FREE** curriculum for prospective and current foster, adoptive, kinship and guardianship parent(s) who are or will be raising adolescents from foster care.

3

Why use it?

Research shows the benefits of placing adolescents with loving and caring families will help them thrive. However, behaviors resulting from moderate to serious emotional health challenges and past trauma make it more likely teens will be placed in a more restrictive setting rather than with family therefore, increasing the likelihood of aging out of the child welfare system without achieving permanency. In order to help achieve permanency for each of these teens, we need more families with the skills and competencies to understand and respond to youth needs.

4

Where is it used?

CORE (Critical Ongoing Resource Family Education) was created by Spaulding for Children in partnership with the Child Trauma Academy; the Center for Adoption Support and Education; the North American Council on Adoptable Children; and Wayne State University. It has been adopted by many agencies across the United States, equipping resource parents with skills necessary to meet the needs of older youth who have moderate to serious emotional and behavioral health challenges. CORE Teen is used in non-profits foster and adoption agencies and local county agencies. It is also used by parents and caregivers in foster, adoptive, and kinship homes.