



# NOAS

FOSTER ♥ CONNECT ♥ SUPPORT  
Connections for youth - Support for families

## VIRTUAL CLASS SCHEDULE



**TUESDAY, OCTOBER 10**

**Session 1 from 6:00 - 8:30 pm**

\*Introduction & Understanding the Impact of Trauma on Youth in Foster Care

**THURSDAY, OCTOBER 12**

**Session 2 from 6:00 - 8:30 pm**

\*Parenting Youth Who Have Experienced Trauma

**TUESDAY, OCTOBER 17**

**Session 3 from 6:00 - 8:30 pm**

\*Developing and Sustaining a Healthy and Supportive Relationship with your Youth

**THURSDAY, OCTOBER 19**

**Session 4 from 6:00 - 8:30 pm**

Nurturing Youth's Cultural/Racial/Ethnicity and Sexual orientation/Gender Identity and Expression

**SATURDAY, OCTOBER 21**

**Session 5 from 9:00 - 11:30 am**

Understanding and Managing Youth's Challenging Behaviors, Part 1

**SUNDAY, OCTOBER 22**

**Session 6 from 9:00 - 11:30 am**

Understanding and Managing Youth's Challenging Behaviors, Part 2

**WEDNESDAY, OCTOBER 25**

**Session 7 from 6:00 - 8:00 pm**

A New Suitcase of Parenting Knowledge and Skills

*\*Can be waived if TBRI® has already been taken.*

# CORE TEEN Curriculum

Virtual Training Classes To Help Families Parent Kids Ages 11-18

## What is CORE Teen?

*This innovative program prepares foster and adoptive parents to handle children with emotional and behavioral challenges.*

As a caregiver, you will have the opportunity to learn about the effects of trauma on the brain, and you will participate in ongoing discussions on how to better meet the needs of foster youth impacted by trauma.

- ✓ Helps caregivers understand trauma and it's affects
- ✓ Builds self-awareness for parents working with teens
- ✓ Encourages self-reflection
- ✓ Provide resources to enhance parenting skills help parents adapt their parenting strategies
- ✓ Highlights the root causes of behaviors
- ✓ Provide ongoing resources and support
- ✓ 2.5 hours of continuing education credit per class

Register & receive the zoom link by emailing Sarah smoretton@noas.com