



NOAS

FOSTER ♥ CONNECT ♥ SUPPORT
Connections for youth - Support for families

VIRTUAL CLASS 2024



MONDAY, FEBRUARY 5

Session 1 from 6:00 - 8:30 pm

*Introduction & Understanding the Impact of Trauma on Youth in Foster Care

TUESDAY, FEBRUARY 6

Session 2 from 6:00 - 8:30 pm

*Parenting Youth Who Have Experienced Trauma

MONDAY, FEBRUARY 12

Session 3 from 6:00 - 8:30 pm

*Developing and Sustaining a Healthy and Supportive Relationship with your Youth

TUESDAY, FEBRUARY 13

Session 4 from 6:00 - 8:30 pm

Nurturing Youth's Cultural/Racial/Ethnicity and Sexual orientation/Gender Identity and Expression

SATURDAY, FEBRUARY 17

Session 5 from 9:00 - 11:30 am

Understanding and Managing Youth's Challenging Behaviors, Part 1

MONDAY, FEBRUARY 19

Session 6 from 6:00 - 8:30 pm

Understanding and Managing Youth's Challenging Behaviors, Part 2

TUESDAY, FEBRUARY 20

Session 7 from 6:00 - 8:00 pm

A New Suitcase of Parenting Knowledge and Skills

**Can be waived if TBRI® has already been taken.*

CORE TEEN Curriculum

Virtual Training Classes To
Help Families Parent Kids
Ages 11-18

What is CORE Teen?

This innovative program prepares foster and adoptive parents to handle children with emotional and behavioral challenges.

As a caregiver, you will have the opportunity to learn about the effects of trauma on the brain, and you will participate in ongoing discussions on how to better meet the needs of foster youth impacted by trauma.

- ✓ Helps caregivers understand trauma and it's affects
- ✓ Builds self-awareness for parents working with teens
- ✓ Encourages self-reflection
- ✓ Provide resources to enhance parenting skills help parents adapt their parenting strategies
- ✓ Highlights the root causes of behaviors
- ✓ Provide ongoing resources and support
- ✓ 2.5 hours of continuing education credit per class

Register & receive the zoom link by emailing Sarah
smoreton@noas.com