

VIRTUAL CLASS SCHEDULE

CORE TEEN Curriculum

Virtual Training Classes To Help Families Parent Kids Ages 11-18

What is CORE Teen?

This innovative program prepares foster and adoptive parents to handle children with emotional and behavioral challenges.

As a caregiver, you will have the opportunity to learn about the effects of trauma on the brain, and you will participate in ongoing discussions on how to better meet the needs of foster youth impacted by trauma.

- Helps caregivers understand trauma and it's affects
- Builds self-awareness for parents working with teens
- Encourages self-reflection
- Provide resources to enhance parenting skills help parents adapt their parenting strategies
- Highlights the root causes of behaviors
- Provide ongoing resources and support
- 2.5 hours of continuing education credit per class

Register & receive the zoom link by emailing Sarah smoreton@noas.com

TUESDAY, JUNE 13 Session 1 from 9:00 - 11:30 am

*Introduction & Understanding the Impact of Trauma on Youth in Foster Care

TUESDAY, JUNE 27

Session 2 from 9:00 - 11:30 am *Parenting Youth Who Have Experienced Trauma

TUESDAY, JULY 11 Session 3 from 9:00 - 11:30 am

*Developing and Sustaining a Healthy and Supportive Relationship with your Youth

TUESDAY, JULY 25 Session 4 from 9:00 - 11:30 am

Nurturing Youth's Cultural/Racial/Ethnicity and Sexual orientation/Gender Identity and Expression

TUESDAY, AUGUST 8 Session 5 from 9:00 - 11:30 am

Understanding and Managing Youth's Challenging Behaviors, Part 1

TUESDAY, AUGUST 15 Session 6 from 9:00 - 11:30 am

Understanding and Managing Youth's Challenging Behaviors, Part 2

TUESDAY, AUGUST 29 Session 7 from 9:00 - 11:00 am

A New Suitcase of Parenting Knowledge and Skills

*Can be waived if TBRI® has already been taken.