



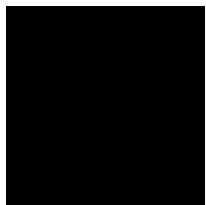
# Adolescent Development

*Preservice*

## **Learner Guide**

October 2022

Version 1.0





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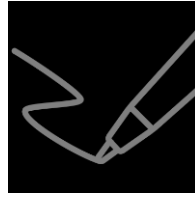
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**Reflection:** Think about a time in your adolescence when you made a bad decision.



- What were the **circumstances** around the decision?
- Were you in a **heightened emotional state**?
- What did you **learn** from the experience?

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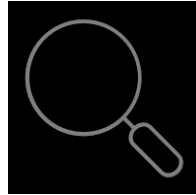
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**Identity Exploration**

Identity is formed through exploring **relationships, activities, and interests**, then either embracing or rejecting what they have tried.



Identity is influenced by how others see us. What are some **labels** teens in care are given? How might these labels influence their **sense of self**?

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Teens need to know basic information about their **family and culture** to help them form their identity. How did information, or lack of information, about your family **impact your ability to form your identity**?

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**Notes:**

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## Resources

Ohio' Life Skills Toolkit: <http://jfs.ohio.gov/ocf/ILSkillsToolkit32019.stm>

Casey Life Skills Toolkit: <https://www.casey.org/casey-life-skills/>

The Youth Connections Scale <https://www.cascw.org/portfolio-items/ycs/>

Permanency Pact, created by FosterClub:

[https://www.fosterclub.com/sites/default/files/Permanency%20Pact\\_0.pdf](https://www.fosterclub.com/sites/default/files/Permanency%20Pact_0.pdf)

Bridges Program: <https://www.ohiochildrensalliance.org/bridges-program>

Supreme court of Ohio's Youth Engagement in court Proceeding Toolkit:

<https://www.supremecourt.ohio.gov/JCS/CFC/resources/youthEngagement/youthEngagement.pdf>