



Impact of Trauma on Children in Care

Preservice

Learner Guide

October 2022

Version 1.0



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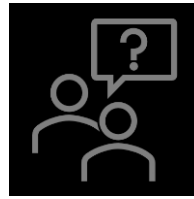
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If you can pause and think about the **behavior as a symptom**, then you can focus on the **root cause** of the behavior.

As you watch the video, *Childhood Trauma and the Brain*, answer the following questions.



Notes:

Lined area for taking notes, consisting of 20 horizontal lines.

The First Scenario – Moving to a New School

What social cues was she **unable to interpret** correctly?

Two horizontal lines for writing the answer to the first question.

Why do you think she saw the faces of her new classmates as **threatening**?

Two horizontal lines for writing the answer to the second question.

The Second Scenario – Swim Team

What was the boy's **trigger**? What did the trigger remind him of?

Two horizontal lines for writing the answer to the third question.

In the **first pool scene**, we see the coach scratch off his name. What might result from this approach?

Two horizontal lines for writing the answer to the fourth question.

In the **second pool scene**, we see the coach call the boy over. What might result from this approach?

Two horizontal lines for writing the answer to the fifth question.

Resources

A Trauma-Sensitive Toolkit for Caregivers of Children:

https://srhd.org/media/documents/1-2-3-Care-Toolkit_LowResolution.pdf

After the Hospital: Helping My Child Cope:

<https://www.nctsn.org/resources/after-hospital-helping-my-child-cope-what-parents-can-do>

Children with Intellectual and Developmental Disabilities Can Experience Traumatic Stress: A Fact Sheet for Parents and Caregivers:

<https://www.nctsn.org/resources/children-with-intellectual-and-developmental-disabilities-can-experience-traumatic-stress-for-parents-and-caregivers>

Parenting a Child Who Has Experienced Trauma:

<https://www.childwelfare.gov/pubpdfs/child-trauma.pdf>

Parenting a Child or Youth Who Has Been Sexually Abused: A Guide for Foster and Adoptive Parents https://www.childwelfare.gov/pubpdfs/f_abused.pdf

Practical Guide to Parenting a Child Exposed to Trauma:

<https://creatingafamily.org/adoption-category/adoption-blog/practical-guide-parenting-child-exposed-to-trauma/>