



NOAS
Foster Care ♥ Adoption
Mentoring ♥ Training

CORE TEEN Curriculum

Virtual Training Classes To Help Families Parent Kids Ages 11-18

What is CORE Teen?

This innovative program prepares foster and adoptive parents to handle children with emotional and behavioral challenges.

As a caregiver, you will have the opportunity to learn about the effects of trauma on the brain, and you will participate in ongoing discussions on how to better meet the needs of foster youth impacted by trauma.

- ✓ Helps caregivers understand trauma and its affects
- ✓ Builds self-awareness for parents working with teens
- ✓ Encourages self-reflection
- ✓ Provide resources to enhance parenting skills help parents adapt their parenting strategies
- ✓ Highlights the root causes of behaviors
- ✓ Provide ongoing resources and support
- ✓ 2.5 hours of continuing education credit per class

Register & receive the zoom link by emailing Sarah smoretton@noas.com

VIRTUAL CLASS SCHEDULE

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SATURDAY, OCTOBER 14

Session 1 from 9:00 - 11:30 am

*Introduction & Understanding the Impact of Trauma on Youth in Foster Care

Session 2 from 12:00 - 2:30 pm

*Parenting Youth Who Have Experienced Trauma

TUESDAY, OCTOBER 17

Session 3 from 6:00 - 8:30 pm

*Developing and Sustaining a Healthy and Supportive Relationship with your Youth

THURSDAY, OCTOBER 19

Session 4 from 6:00 - 8:30 pm

Nurturing Youth's Cultural/Racial/Ethnicity and Sexual orientation/Gender Identity and Expression

SATURDAY, OCTOBER 21

Session 5 from 9:00 - 11:30 am

Understanding and Managing Youth's Challenging Behaviors, Part 1

SUNDAY, OCTOBER 22

Session 6 from 9:00 - 11:30 am

Understanding and Managing Youth's Challenging Behaviors, Part 2

WEDNESDAY, OCTOBER 25

Session 7 from 6:00 - 8:30 pm

A New Suitcase of Parenting Knowledge and Skills

**Can be waived if TBRI® has already been taken.*